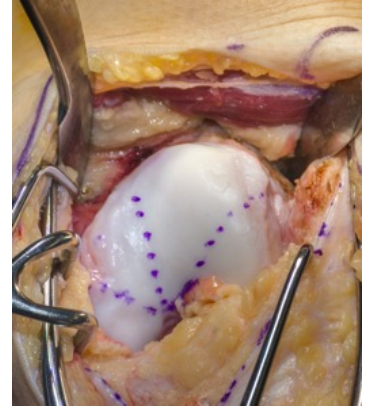
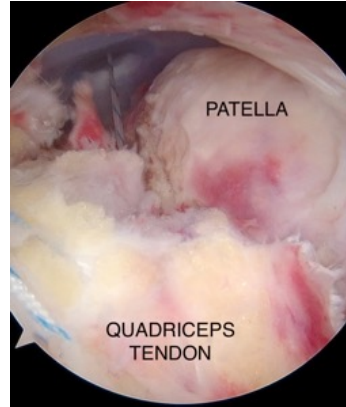
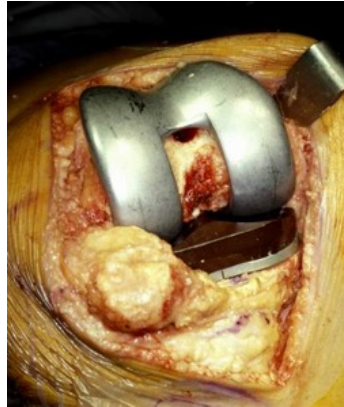
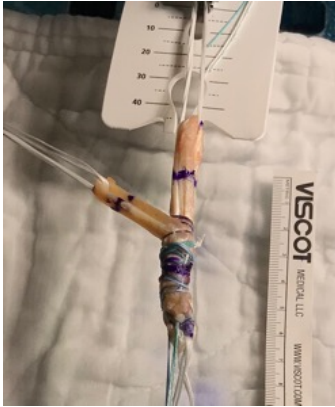


HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS POST-FELLOWSHIP DEVELOPMENT AND EDUCATION



EDUCATIONAL DAY IN KNEE - DAY TWO

DATE:

February 1st 2020 (Saturday)

TIME AND VENUE:

11 am to 1 pm:

Lecture Theatre, F3, Department of Orthopaedics and Traumatology,
Queen Elizabeth Hospital

HKCOS Fellow and Trainee: Free of charge

Maximum number of registration: 40

LUNCH NOT INCLUDED

Please contact College Secretary at 2871-8722 for
registration and carpark reservation



HKCOS EDUCATIONAL DAY IN KNEE - DAY TWO FEBRUARY 1ST 2020



11:00 am – 1:00 pm	PRIMARY ACLR – PART II	Lecture theatre, F3, O&T, QEH
	SURGICAL VIDEO AND PRESENTATION SERIES	
	MY FAVOURITE ACL RECONSTRUCTION IN	
11:00 – 11:05	A 25-year old male elite athlete with chronic ACL injury for three years	Case presentation
11:05 – 11:15	Single bundle – BPTB	WONG YB
11:15 – 11:25	Double bundle – Hamstring	HO HM
11:25 – 11:35	Combined ACLR + ALLR	YAU WP
	INTERACTIVE CASE DISCUSSION - SESSION I	
11:35 – 11:40	CASE PRESENTATION AND GROUP DISCUSSION	
11:40 – 12:10	A 18-year old girl with generalized ligamentous laxity	GROUP DISCUSSION
	Acute ACL tear + Grade 3 MCL injury in a 20-year old college soccer player	GROUP DISCUSSION
	ACL rupture in a 14-year old skeletal immature boy	GROUP DISCUSSION
12:10 – 12:30	PRESENTATION OF OPINION OF GROUP	
	SURGICAL VIDEO AND PRESENTATION SERIES	
	Graft harvest in ACLR - How I do it	
12:30 – 12:40	Medial Hamstring Harvest – Posterior Approach	YAU WP
12:40 – 12:50	Quadriceps tendon Graft	YAU WP
	DIDACTIC LECTURE SERIES	
12:50 – 13:00	Tips and Tricks in improving results after ACLR	HO HM
13:00	ROUND UP	